

Parents/Guardians:

Field Training Exercise – 28-29 May 2022

[Location link for directions](#)

The cadets of 810 Grant McConachie Squadron will have the opportunity to participate in the annual Fall Field Training Exercise, at Cooking Lake - Blackfoot Provincial Recreation Area (Training Area). To ensure prompt departure, we require that your cadet **arrives at the Training Area NO LATER THAN 0830 hours** on both days May 28 and 29, 2022. The exercise concludes on both days **at 1600 hours** and your son/daughter will need to be picked up at the Training Area at that time. If the time changes a notice will be posted on the Squadron Facebook page. Please be prompt as the staff has numerous tasks to perform before returning home.

To plan for accommodations and meals, Permission Slips must be turned in **NO LATER THAN WEDNESDAY 25 May 2022 at 2359 hours**. Failure to return the permission slip may result in your cadet not attending.

There will be no overnight stays on this exercise.

This weekend exercise will be used for the instruction of survival training skills. The cadets will receive hands-on experience in shelter building, fires-for-warmth, map & compass, hikes and signal fires and much more.

If your cadet has medical or physical conditions that would prevent participation in any of the above-noted activities, it is a parental responsibility to ensure the Squadron is informed in writing on the permission slip of the exact nature of the medical condition so that the Squadron can ensure their safety. If your cadet is sick or injured, they should not attend the exercise. COVID screening will take place upon arrival at the Training Area on both days. Please stay until the COVID screening is complete.

*Please ensure that your child is properly attired for the weekend. We will be training outside for all aspects of this exercise and the cadets will be outside all day. If the cadet is deemed inadequately clothes, the cadet will be sent home. This includes but is not limited to proper clothing, hat, sun screen and water bottle.*

**GENERAL REQUIREMENTS:**

1. The cadets are to wear their FTUs and may wear combat attire for this exercise if they wish. Surplus Canadian Forces attire shall be without rank badges and the small Canadian Flag on the shoulder must be removed. It is imperative that cadets have appropriate gear in order to participate in the exercise. *Cadets must be prepared for cold and hot weather as they will be outside all day.*
2. **MEDICAL: Prescription or Non-Prescription Drugs must be registered to ensure proper use. ALL MEDICATIONS MUST BE IN ORIGINAL CONTAINERS/BLISTER PACKS AND CONTAIN THE PROPER AMOUNT FOR THE WEEKEND. THERE WILL BE NO EXCEPTIONS.**

3. Alcoholic beverages, illicit drugs, offensive weapons (non-folding knives) and smoking paraphernalia are forbidden. Anyone violating these rules will be immediately sent home, despite the time of day and at the parent/guardian's expense. Violations will result in disciplinary action at the Squadron level and if necessary criminal charges being laid.
4. Only Level Four's and up will be permitted to carry knives during the exercise. Any folding knives that are packed must be approved by the Commanding Officer (CO) or Training Officer (TrgO).

These rules are necessary for a safe and enjoyable camp for all cadets. If you have any inquiries regarding this exercise, please contact your CO or TrgO.

Maj Bodnaruk, CD  
 Commanding Officer

Detach and return to Squadron Office no later than 25 May 2022 at 2359 hours.

I HEREBY GIVE MY PERMISSION FOR MY SON/DAUGHTER TO ATTEND  
 THE FALL FIELD TRAINING EXERCISE AT COOKING LAKE –  
 BLACKFOOT PROVINCIAL RECREATION AREA 28 & 29 MAY 2022.

My child has a medical condition that requires the following medications and/or precautions:

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My child has the following injury or physical problem that requires the following precautions:

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Cadet Name (Print)

Rank, Surname, First name: \_\_\_\_\_

**Parent/Guardian (Print & Sign Name)**

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## Annex D

### Personal Kit List

- 1 Backpack large enough for all kit and can be carried
- 1 Pair of Outdoor Appropriate Shoes
- 1 Refillable water bottle (Please mark your name on it)
- 3 Pair of Gloves – they may get wet
- 1 Toque
- 1 Hat with brim
- 2 Pairs of Socks (Avoid Cotton, Wool Preferred) – they may get wet
- 1 Sweater
- 1 Garbage Bag to Accommodate any Wet Clothing
- 1 Kleenex & Chapstick
- 1 Sunscreen
- 1 Rain Gear (light weight poncho is best)
- 1 Notepad/Paper
- 2 Pens/Pencils

### Restricted Items:

- Stereo Equipment/Electronics
- Energy Drinks
- Food (Unless it is to satisfy dietary needs)
- Knives
- Lighters, Matches, Pyrotechnics, etc.
- Alcohol and drugs other than prescriptions in original container

Cell phones are permitted for emergency purposes only. Cell phones shall not be used during training hours and may be brought at your own risk. It is recommended you waterproof your cell phone as it can be water.

Annex A  
Training Timetable

Day 1			
Time	Activity	Location	Remarks
0830 hrs	Staff and Cadets Arrive at Training Area	Blackfoot Lake Staging Area	All Staff
	Attendance & COVID Screening		Staff and Senior Cadets
0930 hrs	Morning Training Begins		Section Leaders
1210 hrs	Lunch		
1320 hrs	Afternoon Training Begins		Section Leaders
1540 hrs	Training Ends, Clean Up and Debrief		
1600 hrs	Cadet Dismissal		
1610 - 1630	Staff meeting		All remaining Staff
Day 2			
0830 hrs	Staff and Cadets Arrive at Training Area	Blackfoot Lake Staging Area	All Staff
	Attendance & COVID Screening		Staff and Senior Cadets
0930 hrs	Morning Training Begins		Section Leaders
1210 hrs	Lunch		
1320 hrs	Afternoon Training Begins		Section Leaders
1540 hrs	Training Ends, Clean Up and Debrief		
1600 hrs	Cadet Dismissal		
1610 - 1630	Staff meeting		All remaining Staff