

Field Training Exercise – 03-05 May 2024

Parents/Guardians:

The cadets of 810 Grant McConachie Squadron will have the opportunity to participate in the annual Spring Field Training Exercise, at Camp Wright by Narrow Lake. To ensure prompt departure, we require that your cadet arrives at Allendale School **NO EARLIER THAN 1700 hrs on Friday, 03 May 2024** for attendance and kit check. Please do not depart until your cadet's kit has been checked (this is to ensure that your cadet has proper equipment and clothing). Please park in the teachers' parking lot north of the main entrance. The exercise concludes on Sunday, **5 May 2024 at 1600 hrs** and your son/daughter will be needed to be picked up at Allendale School at that time. If the time changes a notice will be posted on the Squadron Facebook/Website page. Please be prompt as the staff has numerous tasks to perform before returning home.

To plan for accommodations and meals, Permission Slips must be turned in **NO LATER THAN WEDNESDAY 1 May 2024 by 1900 hrs**. Failure to return the permission slip will result in your son/daughter **not** attending.

THERE CAN BE NO EXCEPTIONS.

Sleeping accommodations will be dormitory style in heated cabins and tents. Cadets are asked to bring their own sleeping bags. If you do not have access to one can, be provided with a military sleeping bag which is rated to -20 degrees Celsius.

This weekend exercise will be used for the instruction of survival training skills. The cadets receive hands-on experience in shelter building, fires-for-warmth, and signal fires and much more.

If your cadet has medical or physical conditions that would prevent participation in any of the above-noted activities, it is a parental responsibility to ensure the Squadron is informed in writing on the permission slips of the exact nature of the medical condition so that the Squadron can ensure their safety. If your cadet is sick or injured, they should not attend the exercise as they will be doing a lot of walking, building, carrying equipment, and overall will be working hard all weekend.

Please ensure that your child is properly attired for the weekend. We will be training outside for all aspects of this exercise and the cadets will be outside all day. A kit list is attached to this document. Your son/daughter **MUST** have the exact items listed on the kit check sheet. They will not be able to attend the exercise if any items listed are not packed. Equally, anything packed that is not listed will not be permitted on the trip. There will be a kit inspection to ensure these conditions are met.

GENERAL REQUIREMENTS:

1. Please ensure your son/daughter has only the required equipment listed on the attached kit list. The provided list can be used as a checklist when packing for this exercise.

Cadets must be prepared for cold weather as they will be outside all day.

2. **MEDICAL:** Prescription or Non-Prescription Drugs must be registered to ensure proper use. ALL MEDICATIONS MUST BE IN ORIGINAL CONTAINERS/BLISTER PACKS AND CONTAIN THE PROPER AMOUNT FOR THE WEEKEND. THERE WILL BE NO EXCEPTIONS.

3. Alcoholic beverages, illicit drugs, offensive weapons (non-folding knives) and smoking paraphernalia are forbidden. Anyone violating these rules will be immediately returned home, despite the time of day and at the parent/guardian's expense. Violations will result in disciplinary action at the Squadron level and if necessary criminal charges being laid.

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Cadet Kit List

Please note – It is spring in Alberta. Changes in weather are common. Please ensure that your child is prepared for the weather as most of our training occurs outside!

(**** IMPORTANT – PLEASE REMEMBER TO MARK ALL YOUR ITEMS WITH YOUR NAME ****)

Warm Jacket (suitable for weather)

1 FTU and up to 2 sweatpants, 2 sweaters

1 hiking Boot (FTU boots are hiking boots)

3 t-shirts

3 pairs of socks

3 wool socks

3 pairs of underwear

Sleeping Attire (Cotton / Fleece Sweat Suit)

Hat, scarf, and toque

Warm Gloves (suitable for weather)

Sleeping bag for outside (rated to -15)

pillow

water bottle

Kleenex & Chapstick

Sunscreen

Rain Gear

Set of Toiletries - Soap, Towels, Toothbrush and Paste, Brush / Comb, Shaver, Deodorant Hair ties (safety and hygiene)

Flashlight (with batteries)

Whistle

THINGS TO NOTE

1. Tight or dirty clothes are cold clothes.
2. Bring clothes that are representative of the air cadet programme and 810 Squadron.
3. Restricted Items:
 - Jeans
 - Stereo Equipment/Electronics
 - Energy Drinks
 - Personal Food Items (No Junk Food)
 - Knives
4. A kit inspection, by staff of the same gender, will be done upon arrival at the squadron. In accordance with safety policies, any cadet not having appropriate clothing and/or equipment WILL NOT be permitted to attend the weekend exercise. Unauthorized equipment will be confiscated and returned upon completion of weekend exercise.
5. Smoking and vaping is NOT PERMITTED during any cadet function.
6. Exercise will begin at Allendale School, at 1700hrs (5:30 PM) 28 Apr 23 and the cadets will be returned NLT 1600hrs (4:00 PM) on 30 Apr 30.
7. Ensure you have completed and signed the parent permission form and return it to the Administration Officer.
8. No knives except for those station DS who require them.
9. Please eat before you arrive at the Squadron on Friday.